

# Stillness Therapy in the field

helping you make the most of your festival



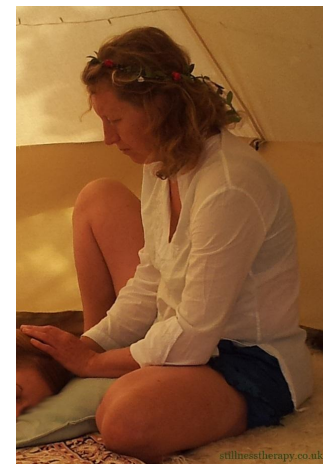
*Wish i had an hour now  
~Lilly May - Womad 2011*

*Thank you so much. That is so much  
easier to get up than before.  
~ - Wilderness 2011*

**Uninspired Tired Wired**  
Pampering in the tent of tranquility  
tootsie treats  
camper's back  
lazy man's yoga  
energising massage  
soothing head massage  
relaxing reiki

**Reiki and Thai Massage treats  
tailored to meet your individual  
needs**

[www.stillnesstherapy.co.uk](http://www.stillnesstherapy.co.uk)



*Thanks Mary, that was  
amazing! I will be back on  
Sunday.  
~Nick - SGP 2012*

*My Body Feels like new. Thank you  
~Sarah - Secret Garden Party 2011*